# ANTARCTIC PENINSULA CLIMATE VARIABILITY: HISTORY, CAUSES AND IMPACTS

### **Travel Instructions for Participants**

### By Air

For those travelling from overseas, the nearest international airport to Cambridge is London Stansted. Frequent bus and rail services (see below) connect Stansted to Cambridge in less than one hour. There are direct flights to Stansted from many European cities (see http://www.baa.co.uk/main/airports/stansted/ for a list), but, at present, there are no direct flights from the Americas. Participants from outside Europe will almost certainly arrive at London Heathrow or London Gatwick airports. From Heathrow, a direct bus service (http://www.speedlink.co.uk/jetlink page.html) operates hourly and offers the most convenient connection to Cambridge, taking around 2.5 hours. The same bus company operates a direct Gatwick-Cambridge service but, as the journey takes 4 hours, participants arriving via Gatwick may prefer to travel to Cambridge by rail (see links below for rail timetable information). The best way to reach Cambridge by rail from Gatwick is to take a "Thameslink" train (NOT the "Gatwick Express - this operates to London Victoria) to King's Cross Thameslink station in London. A short walk then takes you to King's Cross mainline station, from where a twice-hourly train service operates to Cambridge (journey time around 50 minutes, total journey time from Gatwick approximately 2 hours).

## **By Rail**

Cambridge is served by a twice-hourly fast train service from London King's Cross station and there are good connections from other parts of England. For rail timetable information see <u>http://www.nationalrail.co.uk/planmyjourney</u>.

### **By Road**

Coach services connect Cambridge with many other cities. See <u>http://www.nationalexpress.com</u> for timetable information. We strongly advise participants against travelling to the meeting by car. Cambridge is a small historic city, best explored on foot. All of the workshop venues are within easy walking distance of each other. There is NO parking available at the Scott Polar Research Institute and very limited parking at Downing College for those staying there. If you must bring a car and require a parking space at Downing, please let us know well in advance.

### Arrival in Cambridge

You can find a map of Cambridge at <u>http://www.visitcambridge.org/other/map3.pdf</u>. Downing College and the Scott Polar Research Institute are a short taxi ride away from Cambridge railway and bus stations. Those with light luggage may prefer to walk. Participants who have booked accommodation at Downing College should proceed to the main college entrance on Regent Street and collect their room keys from the Porter's Lodge. Registration for the workshop will commence at 1100 on Thursday 16<sup>th</sup> September at the Scott Polar Research Institute, Lensfield Road.